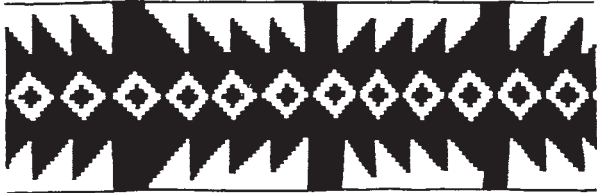


## About the Rainbow Spirit Songbook...

Chord names are placed over the word, or portion of word, where the chord-change takes place. Only the first verses and choruses have notation to be applied in the same way to later verses and choruses. A small-letter "m" after a chord name designates that chord is in a minor key. Otherwise, lone chord letters mean it's a major key.

Thanks to everyone who helped to make this project possible.



ONONDAGA (IROQUOIS)

### RBI WARNING:

(Rainbow Bureau of Inspiration)

You may duplicate and distribute this songbook freely. Failure to do so may result in the delay of the harmonizing of the the planet.

This songbook was created in the spirit of love, respect and hope. It MAY NOT be sold or exchanged for anything of monetary value.

# Rainbow Spirit



## Twenty-Seven Songs and Chants Celebrating the Spirit of the Rainbow Family of Living Light

These audio recordings are from the video of the same name, produced and copyrighted 1998 by Conscious Wave, Inc., a Non-Profit Corporation (PO Box 86, Broomfield, Colorado 80038-0086). Attempts have been made to contact the copyright holder, to no avail. As the video and songbook were distributed free, so also are the MP3s and this PDF file. **Aid in contacting the copyright holder would be appreciated.**

Allen Butcher • 4thWorld@consultant.com

### Free distribution only!

For the PDF version of these lyrics, to obtain Internet links for downloading the audio files, and for conversations with others organizing chant circles around the world, join the email list:

[DenverChantCircles-subscribe@yahoogroups.com](mailto:DenverChantCircles-subscribe@yahoogroups.com)



Songbook layout & audio conversion from video to digital file by Allen Butcher, Denver, 2005. Graphics are copyright-free from "North American Indian Motifs," Dover, New York, 1997.

## Day by Day

Music and Lyrics by Iwill

**Chorus:** **Em** Day by day, **Am** every day,  
Moment by moment, **Am**  
Give thanks and praise. **Em**  
Day by day, **Am** every day, **Em**  
Moment by moment, **Am**  
Give thanks and praise. **Em**

\* v.1 **C** I know your fires are burning **Bm**  
**Em** In that distant land, **Am**  
**Em** Your clouds are returning. **Bm**  
**Em** Uh-Huh, Ooh! Uh-Huh, Ooh!

**(Use same chords)**  
We see your fires burning  
In our night sky,  
We keep our fire burning.  
Uh-Huh, Ooh! Uh-Huh, Ooh!  
(Chorus:)

\* v.2 I know I fires are burning  
In that sacred lodge,  
Our prayers are returning.  
Uh-Huh, Ooh! Uh-Huh, Ooh!  
I know our spirits are soaring  
To the higher heights,  
Our tap roots are growing.  
Uh-Huh, Ooh! Uh-Huh, Ooh!

(Chorus:)

(Give thanks and praise.) Repeat



## Uplift Yourself

Music and Lyrics by Iword

**Intro:** **G,C,D,C**

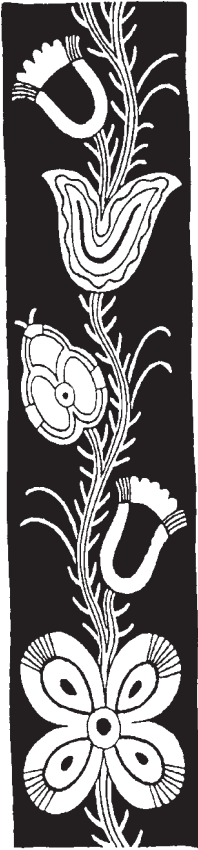
v.1 **G** Uplift your brother, **C, D**  
**C** Uplift your sister, **C, D**  
**C** We've got to help each other **G, C, D**  
**C** Regardless of ones color. **G, C, D**

**(Use same chords)**  
v.2 Since time beginning  
Man has done man wrong,  
Nation enslaving nation  
How are we to get along?

v.3 We've got to be aware  
That we all are one people,  
Everyone has got the right  
To be an individual!

**(Use same chords)**  
**Chorus:** In love, (love!)  
Peace, (peace!)  
And unity...  
With equal rights and justice  
That brings liberty.  
In love, (love!)  
Peace, (peace!)  
And unity...  
'Cause that's what it takes  
To build this community.

(Free it up! Free it up! Free it up!) x 4



1 DÉNÉ

## Universal Lover

Music and Lyrics by Fantuzzi

- Em**  
v.1 You are my mother, you are my father,  
**D Em**  
You are my lover, you are my friend.  
You're the beginning, you are the center,  
**D Em**  
And you are beyond the end.
- v.2 You are the colors of the rainbow,  
You are the pure white light in me.  
You are the rivers, you are the mountains, Lord,  
You are the sun, you are the sea.
- Em D Em**  
Chorus: And I love you so... You help me see  
To see you in all... Is to see you in me  
**D Em**  
(I'm in you and you're in me.) x 2
- \* v.3 The branches of a tree. They may be many,  
But the tree, you know my friends, is one.  
The petals of a lotus, have you noticed, are many,  
But the lotus is one.
- \* v.4 Gurus and swamis, teachers are many,  
But the truth is one.  
Prophets religions, Lord, there's so many,  
But God is one.  
(Chorus:)
- Spoken: You are Kali, You are Compassion,  
The Divine Mother, Mother Nature.
- v.5 And I want to touch you, I want to feel you,  
Lord, I want to be right by your side.  
I want to know you, to love you,  
I want to serve you all the time.  
(Repeat 1st verse)  
(Chorus: Repeat and Fade)

## We Shall Lift Each Other Up

Music and Lyrics by Ichelle

- Em D Em**  
v.1 Humble yourself, ^ in the sight of your sister  
**D**  
You got to bend down low,  
**Em D Em**  
Humble yourself, ^ in the sight of your brother  
**D**  
Ask him what he knows and...
- C D Em**  
Chorus: We Shall Lift Each Other Up.  
**Em**  
Higher and higher,  
**C D Em**  
We Shall Lift Each Other Up.  
(Repeat twice)
- v.2 Humble yourself, in the sight of the children  
You got to bend down low,  
Humble yourself, in the sight of our children  
We need to know what they know and...  
(Chorus:)
- v.3 Humble yourself, in the sight of love  
You got to bend down low,  
Humble yourself, in the sight of JAH JAH  
And let your love-light show and...  
(Chorus:)  
Humble Yourself, Humble Ourselves  
(Chorus:)

27

## Teach Us We Are One

Music and Lyrics by Shiner

- Dm C**  
There's so many different people down here,  
**Bb C D**  
Teach us we are one.  
(Repeat twice)
- Chorus: **Dm C**  
Teach us, teach us,  
**Bb C D**  
Teach us we are one.  
(Repeat twice)
- So many different religions down here  
Teach us we are one. (Repeat twice)  
(Chorus:)
- So many different nations  
Teach us we are one. (Repeat twice)  
(Chorus:)
- So many different families  
Teach us we are one. (Repeat twice)  
(Chorus:)
- We receive man and woman  
Teach us we are one. (Repeat twice)  
(Chorus:)
- We receive parent and child  
Teach us we are one. (Repeat twice)  
(Chorus:)
- Teach Us We Are One.  
(Chorus:)

## The Bird Tribes

Music and Lyrics by Nicholas Two Feathers Iris

- C Am D**  
Chorus: Return, return,  
**C Am D**  
Return, return  
**Em**  
Of the bird tribes  
**D**  
The circle of the faithful  
**Em**  
The bird tribes  
**D**  
The loving ones of light  
**Em**  
Hey a Hey a Hey a Hey... (vocable)
- Em**  
v.1 One ancient million time ago  
The bird tribes walked the Earth  
They reveled in her beauty  
And gave wonder to her worth.  
To incarnate as humankind  
Had always been the plan—  
**D**  
And without their loving guidance  
**Am Em**  
I'd be only half a man.
- v.2 'Cause an ego is not meant to rule  
A human life alone  
Only half the picture showing  
If we don't know what they have known.  
The ancient ones of love and light  
Hold the magic key —  
For the redemption of our wounded  
And our tragic history.  
(Chorus:)

# Bless The People

Music and Lyrics by Windsong

**C** **Dm**  
**Chorus:** Bless the people - Bless the people  
**F** **C**  
 Bless the people - Bless the people

v.1 **C** **Dm**  
 Bless the people whose hearts are open,  
**F** **C**  
 Whose love flows freely like a mountain stream.  
**Em** **D**  
 Their gifts of kindness are like the crystal drops  
**Dm** **C**  
 Of pure water filling the ocean up.

(Chorus:)

v.2 Bless the people whose love flows freely,  
 Who feel compassion for all of humanity.  
 The ocean of love is for everyone to share  
 The whole world over - there's people who really  
 Care.

(Chorus:)

v.3 Bless the people whose hearts are open,  
 Whose love flows freely like a mountain stream.  
 Give your love and love will return to you  
 Fill your stream and the ocean will replenish you.

(Chorus:) x 4

26

# The Way of the Heart

Music and Lyrics by Rich Stillwell

**Am**  
**Chorus:** (So) Let the way of the heart,  
**G**  
 Let the way of the heart,  
**F(maj7)** **G** **Am**  
 Let the way of the heart shine through.

**Am** **G** **Am**  
 Love upon love upon love,  
**G** **Am**  
 All hearts are beating as one.  
**Am** **G** **Am**  
 Light upon light upon light,  
**G** **Am**  
 Shining as bright as the sun.



MICMAC

2

# Open Me Up

Traditional Melody

(All in key of D)

Open me up that I might receive  
 Open me up that I might believe

Oh Great Spirit, I'm calling to you  
 (I'm calling to you)

Oh Grand Mother, what else can I do?  
 (Earth) (what else can I do?)

22

# Mother I Offer

Music and Lyrics by Windsong

**Em** **D**  
 Mother I offer my prayers to you  
**Em**  
 For the healing of the Nation (or Earth)  
 (Repeat)

**Em** **D** **Em**  
 (Heal the Nations, heal the Earth) x 2

23

# Love, Love, Love; Love

Traditional Melody (sung as a round)

**Cm** **Bb** **Cm** **Gm**  
 Love, love, love, love  
**Cm** **Bb** **Cm** **Gm**  
 People we are made for love  
**Cm** **Bb** **Cm** **Gm**  
 Love each other as ourselves  
**Cm** **Bb** **Cm**  
 For we are one

24

# Dance Gypsies Dance!

Music and Lyrics by Don Diego

**Cm**  
**Chorus:** Dance Gypsies Dance!  
**Gm**  
 Sing Gypsies Sing!  
**D7** **Gm**  
 Life is for loving, let freedom ring!  
**Cm**  
 Sing Gypsies Sing!  
**Gm**  
 Dance Gypsies Dance!  
**D7** **Gm**  
 Life is for love and romance!

(Use chords from chorus)  
 v.1 "Kushte divas kay a-po tee  
 Kas hassar en a kay moe lee  
 Kay a-po tee, kay magni fee  
 Kas hassar aye moe lee"

v.2 Baila baile! Canta cante!  
 Es la vida del amor.  
 Baila baile! Canta cante!  
 Es la vida del amor.

4

# Music is the Key

Music and Lyrics by Foni Brendan

v.1 **Dm** **C** **Dm**  
When I look back on these past couple nights  
**C** **Dm**  
Everything seems to feel just right.  
**C** **Dm**  
Everything that you ever wished for  
**C** **Dm**  
Opens up when you visualize a door.

**(Stop)** **Dm** **Bb C**  
Chorus: And there's a spirit, bringing people together,  
**Dm C** **Dm**  
Music is the key, music is the key.  
**Bb C**  
Yes there's a spirit bringing people together,  
**Dm C** **Dm**  
Music is the key, music is the key.

v.2 Keep on moving toward your perfection  
You are living the right direction.  
Keep on moving toward your perfection  
You are living the right direction.

(Chorus:)

v.3 So open up your mind it's present time  
It's present time, open up your mind.  
Keep on living the good life your living  
Keep on giving the love you're giving.

(Chorus:)

3

(Music is the Key) x 4

# Find Yourself in Harmony

Music and Lyrics by Michael Maxfield

**G** **D**  
Chorus: Find Yourself in Harmony  
**Em** **C**  
Let go of all your fear(s),  
**G** **D**  
And you'll find the place to be  
**C**  
Is right here.

**(Use chords from chorus)**  
v.1 With the blue skies above  
What you got to worry about?  
Place trust in your love  
Blue skies above.

(Chorus:)

v.2 We all know that life doesn't change  
Goes about its own way,  
Don't try to figure it out  
Just see how you can play.

v.3 Open up your hearts and sing  
Open up your eyes and see,  
All the beauty in everything  
Is what you are --  
(A Shining Star) x 2

(Chorus:)

25

# Live Your Heart Song

Music and Lyrics by Michael P.

**F** **C**  
Chorus: Live your heart song people  
**F** **C** **F**  
People live your heart songs  
**C**  
'Cause if we live our heart songs people  
**F** **C** **F**  
Then we people live our heart songs  
v.1 'Cause we're one in the spirit  
**Bb** **C**  
As we're many in the flesh,  
**F** **C**  
And when in truth, flesh and spirit  
**Bb** **C**  
Realize the union, both are blessed.

Chorus Intro: **(Use chords from verse)**  
So let me play, let me sing,  
Let me do just what I'm feeling.  
And I'll let you play,  
I'll let you sing,  
I'll let you do just what you're feeling.  
(Chorus:)

v.2 And the truth, the whole truth  
And nothing but the truth,  
Is all that stands.  
When all of the misunderstandings  
Have been resolved,  
And illusions dissolve away.

(Intro/Chorus:)

v.3 As the Great Mystery of life  
Keeps revealing itself,  
History keeps unravelling.  
Though a few have suppressed the many,  
Now the season for release and healing.

(Intro/Chorus:)

5

# One Planet Is Turning

Traditional Melody

**(Drone in the key of Em)**  
One planet is turning,  
Circle on our path around the sun.  
Earth Mother is calling, her children home.

Light is returning,  
Even though this is the darkest hour.  
No one can hold, back the dawn.

Let's keep it burning,  
Let's keep the flame of hope alive.  
Make safe our journey, through the storm.

20



PUEBLO

# We Are Circling

Traditional Melody

**(Drone in the key of Em)**  
We are circling, circling together.  
We are singing, singing our heart song.

This is unity, this is family.  
This is celebration, this is sacred.

21

# We Are Opening

Traditional Melody

**Em**  
We are opening up in sweet surrender  
**D** To the luminous love-light of the the one.  
**Em**  
(Repeat twice)

**Em** **Dm** **Em**  
(We are opening, we are opening) x 2

18



ACOMA

# The River Is Flowing

Traditional Melody (sung as a round)

**Dm**  
The river is flowing, flowing and growing...  
**C** **Dm**  
The river is flowing down to the sea.

19

Mother carry me, a child I will always be...  
Mother carry me down to the sea.

# The Peace Song

Music and Lyrics by David Hummingbird

**G** **Bm** **C**  
v.1 There are people of every color  
**(Chords continue by line)**  
From all the races of the world,  
That feel peace in their hearts  
Their banners of peace they have unfurled.  
And now the peaceful ones are waiting  
For the rest of humankind,  
To drop their weapons and join the circle  
Around the world peace of mind.

**Chorus:** May peace be born in our hearts  
May love show us the way  
Along the rainbow together  
As one people let us pray

v.2 The star of peace is brightly shining  
For all of those that wish to see,  
With simple love and understanding  
We can live in harmony.  
And give thanks for all we're given  
The gift of life within the seeds,  
And rejoice in the beauty of creation  
One Earth, one life one family.

(Chorus:)

\* v.3 And now let us teach the children  
With love they will understand,  
That the world's greatest hero  
Is the one who'll never fight again.  
For centuries we have been waiting  
For the song of peace to be sung,  
By all the people of the Earth  
In the eye of the sun.

(Chorus:)

6

# Fly Like the Wind

Music and Lyrics by Nigel

**Am** **Em**  
**Chorus:** Fly like the wind, run like the water,  
**G** **Am**  
Moving o'er the land for eternity.  
**Am** **Em**  
Fly like the wind, run like the water,  
**G** **Am**  
Flowing o'er the land for eternity.

**(Use chords from chorus)**

v.1 Once we are young and full of being,  
Once we are babies and full of seeing.  
Once we are strong and full of doing,  
Once we are old and full of knowing.

(Chorus:)

v.2 We are here and gone this candle flicker,  
Spinning on a wheel that is larger than life.  
It's hard to know the bigger picture,  
To understand it all and be free from strife.

(Chorus:)

\* v.3 Your gypsy soul it keeps you moving,  
Rolling all around like a tumble weed.  
You're fully grown but you're still learning,  
Learning what it means to be truly free.

16

(Chorus: Repeat 2-3 times)

# We Are One In Harmony

Music and Lyrics by Michael Stillwater

**Chorus:** **D** We are one in **C** (harmony),  
**C** **D**  
Singing in (celebration).  
We are one in harmony,  
**C** **D**  
Singing in love. **(Repeat without parenthesis)**

**(Use chords from chorus)**

v.1 Well you know, we've been waiting a long time  
Just to remember this song.  
But we waited so long and we're opening now  
To the song that we all come from.

(Chorus:)

v.2 We are one with the light that shines  
With everything that lives.  
And when love opens up your heart  
You can truly give.

(Chorus: Repeat and fade)



8



# Mother I Feel You

Music and Lyrics by Windsong

**Em**  
Chorus: Mother I feel you under my feet,  
Mother I hear your heart-beat.  
**Em**  
Mother I feel you under my feet,  
Mother I feel your heart-beat.  
**Em**  
Heya heya heya, ya heya heya ho  
Heya heya heya heya, heya ho  
(Repeat)

**(Use chords from chorus)**  
v.1 Mother I hear you in the riversong,  
Eternal waters flowing on and on.  
Mother I hear you in the riversong,  
Eternal waters flowing on and on.

Heya heya heya, ya heya heya ho  
Heya heya heya heya, heya ho  
(Repeat)

v.2 Father I see you when the eagle flies,  
Light of the spirits gonna take us higher.  
Father I see you when the eagle flies,  
Light of the spirits gonna take us higher.

Heya heya heya, ya heya heya ho  
Heya heya heya heya, heya ho  
(Repeat)

7

(Chorus:) x 3

# Magic People

Music by Stephen Roush, Lyrics by Stephen & Julia

v.1 **Am** Rainbow dreamer with your head in the clouds  
**F7** **E7** **Am** Your feet barely touching the ground.  
You got your plans all worked out in your mind  
**F7** **E7** **Am** But your life is leaving you behind.  
v.2 You got so much potential but what you gonna do?  
You know it's all up to you. (You got to...)  
Work a little harder, you got to do a little more,  
If you are gonna open that door.

Chorus  
Intro: **(G, Am)** x 4

**Dm** **Am**  
Chorus: We are a Magic People,  
You can see it in our eyes  
**G**  
**Am**  
It's good to be alive.

We are a Magic People,  
You can see it in our eyes,  
It's time to actualize the dream.  
(Whoa, whoa - yeah! yeah!) x 2

v.3 Magic happens when you open up to it  
No matter what you know you can do it.  
Step by step come on take your inspiration  
Focus pocus and a little motivation.

v.4 Live your dream, come on and live it  
Live your dream, come on and live it now.  
Live your dream, come on and live it  
Live your dream, come on and live it now.

(Intro & Chorus:)

17

# Giving Thanks

Music and Lyrics by Stephen Roush

v.1 **Am** Giving thanks for this life  
**F**  
We're living together,  
**C** **G**  
**Am** Giving thanks for this life  
**F**  
We're given to share. (Repeat twice)

**(Use same chords)**  
Chorus: (I just want to thank you!) x 4  
(I just want to thank you for this life!) x 4

v.2 Giving thanks for this music  
Singing together,  
Giving thanks for these songs  
We're given to share. (Repeat twice)  
(Chorus:)



9

# Love Is The Creator

Music and Lyrics by Jah Levi

v.1 **Am** **G** **Em** **D**  
When I am alone, I consider the wonders of  
creation.  
I realize how insignificant are the works of man.  
If we could only learn to love  
Even those who intensely hate I and I,  
Then we would begin to overstand  
What it is that we are all here for.

**Em**  
Chorus: (Love is the Creator) x 4

\* v.2 When I'm alone, I consider all the works of man.  
I realize, cannot compare to the wonders of  
creation.  
Love is the doorway to everlasting life,  
And JAH holds the key to our salvation,  
The truth and the light.

(Chorus:)



LAGUNA

15